



Eskaton Village Roseville

Independent With Services, Assisted Living and Memory Care

1650 Eskaton Loop Road
Roseville, CA 95747
916-789-7831
License # 315002052

Management Associates

Adam Hill Executive Director
Josh Garcia Assistant Executive Director
Tricia Diaz Resident Care Coordinator
Michelle Edmondson Food Service Director
Henry Ayala Director Environmental Services
Bianca Caputo Business Office Manager
Emma Ledesma Director of Resident Services
David Dingcong Memory Care Coordinator
Norma Unsay Wellness Nurse
Brittany Wright Residential Living Advisor
Marissa Hodge Residential Living Advisor

A Warm Welcome Is In Order ...

Mar. Marjorie T.
Mar. Virginia J.
Mar. Jeanne S.
Mar. Arlene S.
Mar. Larry H.



May 2024



As the largest group of health care workers, nurses provide care in jobs throughout our communities, with many of these women and men serving on the front lines.

- Worldwide, there are 20 million nurses. Over 4 million nurses are on the job in the U.S.
- The majority of registered nurses work in hospitals. The rest serve in long-term care facilities, at clinics and schools, and in other settings.
- Every year, there's a whole week dedicated to them. Celebrated May 6–12, National Nurses Week ends on the birthday of Florence Nightingale, the founder of modern nursing.
- A lamp symbolizes the nursing career. Nightingale was known as the "lady with the lamp," since she carried one with her at night while checking on her patients.
- The world's first nursing school is said to have started in 250 B.C. in India. Only men could attend.
- Today, women make up 90% of the field.
- The first American to earn a diploma for nursing was Linda Richards, who graduated in 1873 from a program in Boston.
- There are over 100 different nursing specialties.
- Nurses walk a lot! On average, a hospital nurse walks 4 to 5 miles during a 12-hour shift.



Resident Birthdays

May 1	Joanne O.
May 11	Joan W.
May 13	Marian S.
May 19	Larry H.
May 22	Joe V.
May 24	Marj T.
May 25	Bea G.
May 27	Laney T.

Staff Birthdays

May 6	Susana D.
May 14	Shaun R.
May 15	Alexis M.
May 16	Deysi R.
May 18	Christian S.
May 19	Mary Ann M.

Longevity Matters

May 8	3 YRS - George S.
May 17	1 YR - Betty A.
May 22	11 YRS - Christy B.
May 28	1 YR - Hudson D.
May 29	1 YR - Sharanjeet L.

Resident Stay Anniversary

May 10	3 YRS - Suzie Y.
May 13	8 YRS - Jerry M.
May 13	2 YRS - Ann S.
May 19	2 YRS - Diva S.
May 21	1 YR - Carol S.
May 22	3 YRS - Judy C.
May 25	3 YRS - Peggy M.
May 27	3 YRS - Jeanne R.
May 30	1 YR - Sylvia C.

Eskaton's Annual Health Fair!

Mark your calendars for Eskaton's Annual Health Fair on Wednesday, May 29th, from 10am to 3pm at the Village Center!

This year we will have over 30 service vendors to enhance your quality of life! Some of them include - CA Connect and Caption Call who can help get you free phones. Hearing Life will be there to give FREE hearing tests. Milestone Physical Therapy, Mobility One, Seniors First, Red Dog Shreds to shred your old paperwork and many more. We will also have an afternoon of various speakers who will be there to share other products and services available to you. Hope to see you all there!



Mother's Day Brunch

Please join us for a wonderful Mother's Day Brunch in our dining room on Sunday, May 12th! Families are also invited to attend and we encourage you to let the reception desk know. Look for the flyer soon!

The Walking Trio

Some of you have seen our 3 resident walkers out and about in the community, and we wanted to find out a little bit about what motivates them each day to get out and walk.

Ed was a Physical Education teacher for 10 years and he says that walking gives him a connection to his past. Colleen enjoys the outdoors and fresh air and keeping up with her fitness. Ann loves to walk around the Eskaton campus because she says it is a beautiful place and she feels safe here because there are always people walking the same paths.

Staying healthy is a huge part of their routines. Ed says he has to keep moving every day for his heart and lungs. Ann said her family were always active, no one just sat around.

Did you know that 3 times around the Eskaton Lodge building equals 1 mile? Ann wants you to know, if you start walking you'll feel better and hopefully you will make it part of your routine.



Let's Learn All About Mexico

Join us in the month of May as we focus on the country of Mexico! We have lots to learn including - the Pyramids, Dia De Los Muertos, Artist Frida Kahlo and tasting lots of yummy food. Also, we will have 2 special performances in the month - staff will be doing a special Mexican folk dance and we will have a Mariachi band perform during a scrumptious Mexican meal another night. Lots to look forward to in the month!



Petting Zoo Is Coming in May!

Get ready for a visit from our friends at Funny Farm Petting Zoo to visit us on Wednesday, May 22nd, at 10am. We will have lots of goats, sheep and even a pig! Our featured animals will be a mini donkey and pony. Plan to join us!

EVR offers transportation within the Roseville and Rocklin areas. If you are interested in utilizing the transportation, please sign up at the front desk in the transportation binder. These trips are all free of charge to the Lodge Residents. If a fee is expected, EVR will communicate this ahead of time.

LODGE WEEKLY OUTINGS

SUNDAY	CHURCH TRIP
MONDAY	SHOPPING TRIP
TUESDAY	MEDICAL TRIPS
WEDNESDAY	OUTINGS
THURSDAY	MEDICAL TRIPS
FRIDAY	APPTS. AVAIL.
SATURDAY	OUTINGS

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ESKATON
VILLAGE ROSEVILLE

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May 2024 Give Back Corner

Resident Assistance

Longer lifespans mean that some older adults may outlive their resources through no fault of their own. **The Resident Assistance Program** helps to supplement costs and keeps Eskaton residents from being displaced from their homes.

Did you know that this program keeps residents in their homes? A resident named Pete, who was 102, did not have to be displaced when he ran out of funds at 100. That's right, because of the generosity of donors, Pete was able to stay in his home when, through no fault of his own, he ran out of funds.

Do you want to help residents like Pete stay in their homes? **Please make a donation to the Eskaton Foundation today** at eskaton.org/give-back or by check.

Don't forget the Big Day of Giving on May 2, 2024. Give where you live!

Questions? Call the Director of Fund Development, Nicole Zamora, CFRE, at 916-334-0810 or email nicole.zamora@eskaton.org.



MAY IS
ASIAN AMERICAN
— AND —
PACIFIC ISLANDER
Heritage MONTH

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